



# the therapy lounge



TREATMENT MENU  
relax | refresh | rejuvenate

ST. TROPEZ

Mi

NOUVEAU  
LASHES

Magic GLITTER

KATHERINE  
DANIELS  
COSMETICS

BIO  
SCULPTURE  
GEL

Lycon  
PERMANENT WEAVING

LVI

BEAUTYLAB  
LONDON

J  
JESSICA

# Welcome to *the* therapy lounge

**We offer a wide variety of beauty and holistic treatments for ladies and gentlemen, carried out in our four luxury candlelit treatment rooms.**

Our friendly, professional and experienced therapists will tailor treatments to your individual needs using only the finest quality products in a calming environment.

We have a commitment to our customers to provide the highest standards of customer care to ensure every visit exceeds your expectations.

The Therapy Lounge is a true beauty and holistic retreat where you can unwind in a relaxed, informal atmosphere.

We look forward to your visit...



## Facial treatments

Using the BeautyLab London skincare range which is rich in natural active and high performance peptides.

BeautyLab combines the latest skincare science with the purest paraben-free ingredients to offer a targeted solution for every skincare concern.

Alongside BeautyLab we also use Katherine Daniels cosmetics for our facial and body treatments.

Katherine Daniels is a results driven facial and body-care range utilising plant, marine, collagen and biotech active ingredients.



BEAUTYLAB  
LONDON

		Therapist	Senior
<b>Essential facial</b>	<b>45 mins</b>	<b>£30</b>	<b>£33</b>

Adapted to all skin types, this facial combines all the essentials for healthy, soft and radiant skin. Skin is left cleansed, polished and beautifully conditioned.

<b>Anti-ageing facial</b>	<b>60 mins</b>	<b>£50</b>	<b>£53</b>
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An intensive treatment that leaves the skin lifted, radiant and reducing the appearance of fine lines. Also addresses the ageing concerns of the neck, décolletage and incorporates the hands.

<b>Sensitive skin facial</b>	<b>60 mins</b>	<b>£45</b>	<b>£48</b>
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A treatment for fragile and sensitive skin issues. Your skin will be calmed, soothed, strengthened and more able to defend itself against premature ageing.

**Book a course of 4 of any of the above facials and receive 10% off**  
(course must be taken within 6 months)

		Therapist	Senior
<b>Glycopeel facial</b>	<b>45 mins</b>	<b>£45</b>	<b>£47</b>
	<b>60 mins</b> (includes décolletage/hands)	<b>£50</b>	<b>£53</b>

A unique resurfacing treatment combining glycolic acid and pomegranate enzymes to relieve congestion, age spots, scarring, pigmentation and dullness. Suitable for all skin types, this treatment will smooth and brighten your skin after just one treatment, however a six week course is recommended for lasting results.

**Course of 6 glycopeel facials (45 min) buy 5 and get 1 half price £247.50**

<b>Thermal stone facial</b>	<b>45mins</b>	<b>£28</b>	<b>£30</b>
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Ultimate relaxing facial using heated stones to massage face and neck.

<b>Rejuvenating eye treatment</b>	<b>30 mins</b>	<b>£25</b>	<b>£28</b>
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A highly effective eye treatment, using targeted massage techniques and peptides to reduce dark circles, puffiness and soften fine lines. Eyes are left bright, youthful and revitalised.

## Diamond touch microdermabrasion

Microdermabrasion is a non-surgical procedure offering safe and controlled skin abrasion. The diamond tipped wand glides over the skin with a vacuum action gently polishing the skin. The treatment is more gentle than traditional methods as a selection of diamond wands are used to create a bespoke treatment for each client. A course of 5 treatments is recommended.

<b>Express microdermabrasion</b>	<b>30 mins</b>	<b>Therapist £33</b>	<b>Senior £33</b>
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**Buy a course of 4 treatments and get 1 half price £148.50**

<b>Luxury hydration microdermabrasion</b>	<b>60 mins</b>	<b>£48.50</b>	<b>£48.50</b>
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Ideal for dull and lifeless skin showing signs of dehydration. Using microdermabrasion to intensify the absorption of the products into the skin. Your skin will be bright, radiant, plumped and open pores refined and fine lines reduced.

# Body, mind and soul

		Therapist	Senior
<b>Regular body massage</b>	1 hour	£32	£34
<b>Deluxe body massage</b>	1 hour 30 mins	£43	£45
As above plus includes face and scalp			
<b>Back/neck and shoulders</b>	30 mins	£21	£23
<b>Chest/face and scalp</b>	30 mins	£21	£23
<b>The ultimate indulgence relaxing back treatment</b>			
	1 hour	£40	£42

The complete pampering treatment begins with exfoliation of the back then warm massage oil is drizzled onto your skin before heated volcanic stones massage deep into your aching muscles. Finally a relaxing mask is applied to the back to clear congested skin and relieve muscle tension.



Therapist Senior

## Thermal stone massage

Using the power and warmth of volcanic stones to penetrate deep into the muscles, helping to ease aches and pains. A deep massage, excellent for arthritis and tired and tense muscles. Pure indulgent relaxation for full body and face.

<b>Full body and face</b>	1 hour 30 mins	£50	£53
<b>Back, neck and shoulders</b>	30 mins	£26	£28
<b>Deep tissue massage</b>	30 mins	£26	£28
	45 mins	£32	£34

A deeper massage ideal for after sport/exercise helps with muscle relaxation and reduces the build up of lactic acid in the legs, back, arms etc.

<b>Indian head massage</b>	30 mins	£22	£23
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Working on upper back, face and scalp - relieves stress and tension for well-being.

<b>Reflexology</b>	1 hour	£28
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This is an ancient treatment. By working on the pressure points of the feet, we can help to stimulate your body's own natural healing system. This treatment is fantastic for stress and general relaxation.

<b>Hopi-ear candelling</b>	45 mins	£30
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A natural and relaxing therapy used traditionally by the Hopi Indians. Excellent for anyone who suffers from sinusitis, headaches, migraines, head colds, glue ear, hayfever or excessive wax. It is completely painless and helps to rebalance the ear by drawing out impurities. A relaxing and natural alternative to syringing.

## Body treatments

		Therapist	Senior
<b>Purifying glycolic back treatment</b>	<b>45 mins</b>	<b>£30</b>	<b>£33</b>

The ultimate deep cleansing back treatment for uneven skin tone, dry patches, spots and blackheads. Ideal before holidays and weddings for those strapless dresses!

This treatment is complemented by a relaxing scalp or hand massage.

<b>The velvet skin treatment</b>	<b>30 mins</b>	<b>£20</b>	<b>£22</b>
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Dry, dead skin cells are removed and a hydrating emulsion is applied to reveal soft, silky beautiful skin. Ideal before and after tanning.

<b>The velvet skin massage treatment</b>	<b>60 mins</b>	<b>£40</b>	<b>£42</b>
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This treatment will ensure dry skin is exfoliated away before you enjoy a full body massage and finishing cream to suit your skins needs. You will be left with velvet smooth skin and feel totally relaxed.

<b>The relaxing back treatment</b>	<b>45 mins</b>	<b>£32</b>	<b>£34</b>
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The treatment begins with warm, massage oil being drizzled onto your skin followed by a relaxing back massage and concludes with the application of a relaxing mask. Helps to alleviate tension, soothes and warms tired muscles. Or why not upgrade to the **Ultimate Indulgence relaxing back treatment** below...

<b>Ultimate Indulgence relaxing back treatment</b>	<b>1 hour</b>	<b>£40</b>	<b>£42</b>
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This complete pampering treatment begins with exfoliation of the back then warm massage oil is drizzled onto your skin before heated volcanic stones massage deep into your aching muscles. Finally a relaxing mask is applied to the back to clear congested skin and relieve muscle tension.

## Pregnancy massage



This range of products and treatments is especially developed for pregnancy, new mums and babies. Our therapists are fully trained in safe massage techniques enabling mum-to-be to relax when she needs it most (suitable from the 2nd trimester of pregnancy).

<b>Truly bumptious</b>	<b>1 hour 30 mins</b>	<b>£50</b>
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Full body pregnancy massage (includes face and scalp).  
Pure bliss and relaxation for mummy and bump!

<b>Mama baby bliss</b>	<b>£25</b>
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Relaxing back, neck and shoulder massage.

<b>Mum 2B TLC - the pregnancy package for yummy mummies!</b>	<b>£70</b>
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- Truly bumptious full body pregnancy massage with mini facial
- Choose either mini manicure/mini pedicure

<b>Post pregnancy package</b>	<b>£70</b>
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For the most in need of a pamper - NEW MUMS! Includes:

- Back, neck and shoulder massage
- Revitalising facial (including relaxing pressure point face and scalp massage)
- GELeration manicure

**Gift vouchers make the ideal baby shower present!**



relax | refresh | rejuvenate



## Mens treatments

		Therapist	Senior
<b>Lycon strip waxing</b>			
<b>Back only</b>		£18	£19
<b>Back, shoulder and top of arms</b>		£22	£25
<b>Chest</b>		£19	£20
<b>Eyebrows</b>		£8.50	£8.50
<b>Detox facial</b>	<b>45 mins</b>	£28	£29
Deep cleanses, polishes and conditions the skin, leaving you feeling refreshed.			
<b>Gent's manicure</b>	<b>45 mins</b>	£17.50	£18.50
Tidies up hardworking hands, dry skin is scrubbed and conditioned, cuticles are tidied, nails cut and shaped neatly.			
<b>Gent's pedicure</b>	<b>45 mins</b>	£21	£22
Refresh those feet. Dry, hard skin removed, feet scrubbed and conditioned, cuticles, toe nails tidied and shaped. Finished off with a relaxing foot massage.			
Any of our holistic and massage treatments are suitable for male clients too.			

## Tanning

Therapist Senior

The original and best tanning brand - trusted by professionals and celebrities worldwide.

### Pro spray tan

£25

£27

Experience the perfect spray tan applied by a professional with the newest and most advanced ST TROPEZ system available. Applied in 10 minutes, you will be dry and ready to go in no time. A comfortable experience, your luxury tan will be tailored to suit your needs (please exfoliate before treatment). Choice of 3 shades available: Original, Dark and Luxe oil (good for dry skin).

### Express tan

£25

£27

The formulation contains fast-acting ingredients that absorb quickly into the skin while intelligent shade technology allows you to select your depth of colour by choosing when to shower. For a light, sunkissed glow - shower after 1 hour. For a golden-bronze tan - leave on for 2 hours. For a deeper, darker result - wait 3 hours or more.

### Perfect prep

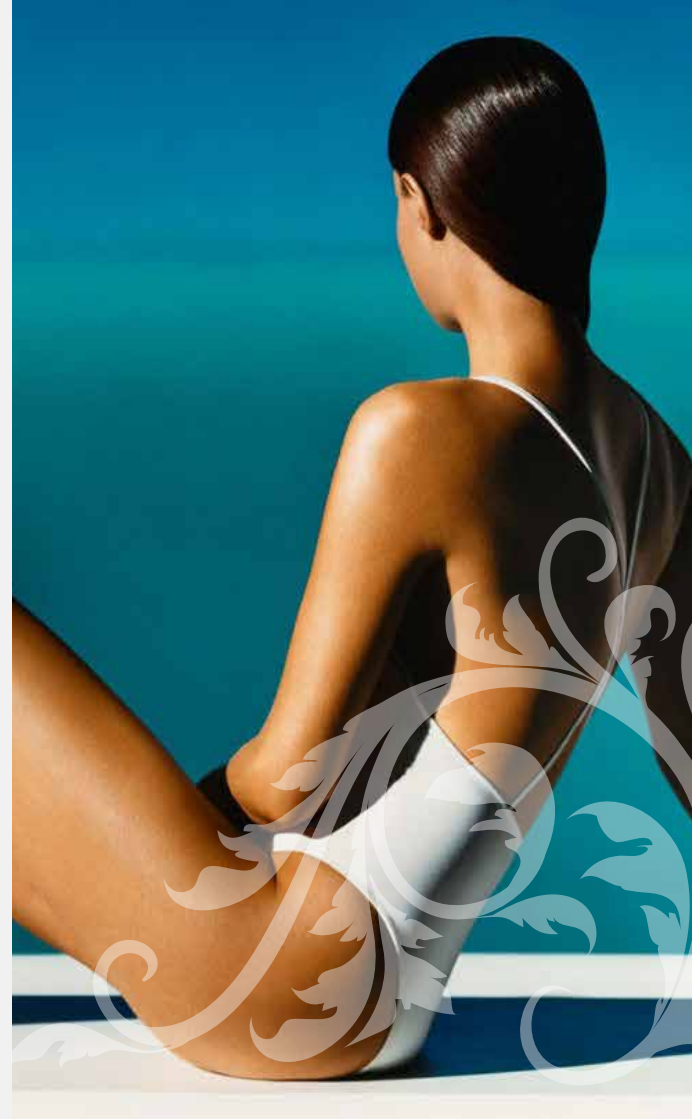
20 mins

£10

£12

Exfoliation and skin preparation is essential to ensure the best results from your ST TROPEZ tan. We can do this for you the day before your treatment, just ask for 'perfect prep' when booking (ideal if you have nobody to scrub your back!).

ST.TROPEZ



## Hands and feet

Using Jessica Phenom polish, a Phenomenal evolution in polish, dries quickly in natural light, the gel-like shine lasts up to 10 days. It removes easily like polish and protects nails.



		Therapist	Senior
<b>Jessica mini manicure</b>	<b>30 mins</b>	<b>£12</b>	<b>£13.50</b>
Cuticles are tidied, nails shaped and Phenom polish applied		For French add £1.00	
<b>Jessica standard manicure</b>	<b>1 hour</b>	<b>£21</b>	<b>£23</b>
Cuticles are tidied, nails shaped, hands and arms exfoliated, massaged and Phenom polish applied.		For French add £1.00	
<b>Jessica mini pedicure</b>	<b>30 mins</b>	<b>£12</b>	<b>£13.50</b>
Cuticles are tidied, nails shaped and Phenom polish applied		For French add £1.00	
<b>Jessica standard pedicure</b>	<b>1 hour</b>	<b>£26.50</b>	<b>£29</b>
Cuticles are tidied, toe nails shaped, hard skin removed, feet exfoliated, massaged and Phenom polish applied.			
<b>Jessica deluxe pedicure</b>	<b>1 hour 15 mins</b>	<b>£30</b>	<b>£32</b>
Combining as per standard pedicure with foot and leg exfoliation, massage and heated booties for ultimate luxury.			

## Acrylic nail enhancements

		Senior Only
<b>Sculpted acrylic full set</b>	<b>1 hour 30 mins</b>	<b>£34</b>
<b>Acrylic full set with GELeration overlay plus glitter if required</b>	<b>2 hours</b>	<b>£39.50</b>
Infill up to 3 weeks after application, price may vary after 3 weeks		<b>£24</b>
<b>Single nail</b>		<b>£3</b>
<b>Overlays on natural nails full set</b>	<b>1 hour</b>	<b>£28</b>
<b>Soak-off and restoration treatment</b>		<b>£14.50</b>
<b>Soak-off before re-application</b>		<b>£7.50</b>





## Gel nails

**GEleration** is a hybrid between gel and polish giving fantastic colour that is dry in seconds, gives a flawless finish, lasts for 2-3 weeks and is removed in minutes with special soak off solution. A range of colours and French polish finish available.

**Bio Sculpture Gel** is a nail treatment applied as a coating to your own nails to strengthen and condition them with no damage, also lasts 2-3 weeks. Your Bio Sculpture Gel nails keep their well-manicured look long after application. Excellent on toenails. Permanent French polish or colour of your choice. Gel nails may be infilled twice maximum before a soak off is required.

	Therapist	Senior
<b>GEleration or Bio Sculpture fingers</b>	<b>£29.50</b>	<b>£32</b>
<b>Manicure with GEleration or Bio Sculpture</b>	<b>£36</b>	<b>£38</b>
<b>Full set sculpted extensions</b> (no tips Bio Sculpture only)	<b>£36.50</b>	<b>£38.50</b>
<b>Infill up to 3 weeks after application</b> (price may vary after 3 weeks)	<b>£22</b>	<b>£24</b>
<b>Single nail sculpt/repair</b>	<b>£3</b>	<b>£3</b>
<b>GEleration or Bio Sculpture toes</b>	<b>£20</b>	<b>£22</b>
<b>Standard pedicure with GEleration or Bio Sculpture</b>	<b>£37.50</b>	<b>£39</b>
<b>Soak-off before re-application</b>	<b>£7.50</b>	<b>£7.50</b>
<b>Soak-off and restoration treatment</b>	<b>£14.50</b>	<b>£14.50</b>
<b>Maggie Glitter/nail art with gel</b> (on top of regular gel price)		
<b>Single nail</b>	<b>£1.50</b>	<b>£1.50</b>
<b>Full set</b>	<b>£7.50</b>	<b>£7.50</b>
<b>Twinkle toes</b> (colour glitter gel toes)	<b>£23</b>	<b>£25</b>



## Microblading

Microblading is a form of tattooing using a hand held tool to create fine, crisp and natural looking hair strokes by implanting pigment into the superficial dermis. Perfect for those with hair loss, over plucked brows or simply wanting a fuller longer lasting result without having to pencil the brows in every morning. Lasting 1-2 years depending on lifestyle, medication, sun exposure etc. with a colour boost required every 12-24 months to keep them fresh.

Carly offers free consultations and will design a bespoke brow shape to enhance and frame your face, making sure you are happy with the design shape and colour match before starting the treatment.

For more information please contact Carly directly to arrange a consultation.

Microblading treatment including 6 week top up **£150**



## Lash and brow treatments

### For one night only

Our fantastic range of strip lashes from super natural to full-on glamour for those commitment phobes out there!

**Purchase to apply yourself at home** **£8**

**Professionally applied** **£10**

Why not complete your look with make-up applied alongside your lashes for a night out?

Only £30 for lashes and make-up

### Cluster lashes

Gives a false lash effect that lasts up to 7-10 days for ultimate volume and thickness.

**Natural or Glamorous look clusters** **£20**

includes FREE removal within 2 weeks of application.

### Lash lover

Semi-permanent lash extensions available in different lengths and thicknesses are applied to each one of your own lashes for a look as natural or dramatic as you like. Maintenance is required every 2-3 weeks so that the lashes can be kept on continuously.

**Full set** **Approx 2 hours** **£50**

**Maintenance** **Approx 1 hour** **£22**

NOUVEAU<sup>®</sup>  
LASHES

LVL<sup>®</sup>

Mi

	Therapist	Senior
<b>LVL enhance lashes</b>	<b>£45*</b>	<b>£45*</b>

LVL stands for length, volume, and lift. The stunning alternative to eyelash extensions! LVL has been designed to enhance your natural eyelashes by straightening them rather than curling to create the illusion of longer, thicker lashes.

### **Brow by Mii**

A bespoke salon high definition eyebrow treatment; includes an in-depth consultation, tinting, waxing and finishing, to frame your features to their best advantage. Our brow stylists are trained to work with you to create your ideal look.

<b>Initial consultation treatment</b>	<b>£25*</b>	<b>£25*</b>
<b>Maintenance treatment every 4 weeks</b>	<b>£20*</b>	<b>£20*</b>

<b>Glam eyes package</b>	<b>£30*</b>	<b>£30*</b>
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Includes 'Brow by Mii' and professional strip lash application - for one night only

<b>Eye brow tint</b>	<b>£5*</b>	<b>£5*</b>
<b>Eyelash tint</b>	<b>£11*</b>	<b>£12*</b>
<b>Eyelash and brow tint</b>	<b>£13*</b>	<b>£15*</b>
<b>Eyelash and brow tint with brow wax (save £8.50)</b>	<b>£16*</b>	<b>£18*</b>

\*A patch test is required prior to any treatment.



# Make-Up

Are you stuck in a rut with your make-up?  
Would you like some new ideas?  
Want to know how to do the 'Smokey Eye'?

Our make-up artists can create any look to suit you.



## Marry Mii - Bridal makeup

Bridal make-up including trial in salon (travel / venue charged extra due to mileage). Ensure you look your best with professional make-up applied on the most important day of your life.

<b>On the day (including trial) with Carly, Senior make-up artist</b>	<b>£100</b>
<b>Bridesmaid, mother of the bride / groom (no trial)</b>	<b>£35</b>

	Without lashes	With lashes
<b>The Glamorous Mii</b>	<b>£25</b>	<b>£30</b>

Get ready to party with smoldering smokey eyes, dramatic eyeliner or bold statement lips.  
Advice on application techniques and colours included.

## The Perfect Prom Queen ultimate package **£75**

Glamorous make-up application, strip lashes applied (natural or ultra glam!), twinkle toes (glitter gel overlay), St Tropez full body spray tan, Bio Sculpture gel / GELeration nails.

## Prom make-up only package **£30**

Includes lashes.

## For Your Eyes Only **£15**

Any eye make-up including strip lash application. Do your own base and lips etc at home.

## We can also offer hen parties and bridal countdown packages

Tailored to your individual needs - ask for details!

*Mii*

# Hair removal

Lycon precision waxing - the luxury waxing treatment at The Therapy Lounge. Some treatments, like waxing, are a necessity rather than a pampering treatment but we don't think that should mean it can't still be a luxury experience.

We use Lycon wax, the market leader used around the world by top spas and salons, available in a range of strip or hot waxes in a variety of delicious fragrances to give you the most effective, most hygienic and least painful wax you've ever had!

Lycon	Strip wax	Hot wax
Half leg	£15.50	-
Three quarter leg	£19	-
Full leg	£21	-
Full leg and bikini	£26	£30
Standard bikini (outside pant line only)	£10	£15
Three quarter bikini (getting braver!)	£12	£17.50
1st Brazilian (small landing strip)	-	£40
Maintenance Brazilian (every 4 weeks or 1st price is charged)	-	£30
1st Hollywood (all off!)	-	£45
Maintenance Hollywood (every 4 weeks or 1st price is charged)	-	£35
Underarm	£10	£12
Top lip	£5	£6.50
Chin	£5	£6.50
Eyebrows	£8.50	£10
Top lip, chin and brow combo	£13.50	£18

## Threading

An ancient eastern method of hair removal using a strong cotton thread, removing hairs of any length quickly and efficiently, giving a very defined result on eyebrows. Good for those allergic to wax or with sensitive skin.

Eyebrows	£10
Upper lip	£5
Chin	£5
Lip, chin and brow combo	£17

## Electrolysis - permanent hair removal

5 minutes	£6.50
10 minutes	£10
15 minutes	£14.50
20 minutes	£18
30 minutes	£24



# Pamper Parties

## Ladies pamper parties

A brilliant idea for hen parties, baby showers, work parties etc.  
...lets face it who doesn't love a bit of pampering?

Choose any 3 of the following mini treatments for £30 per person:

- Back massage
- Mini facial
- Mini manicure (upgarde to GELeration for an extra £10)
- Mini pedicure (upgarde to GELeration for an extra £10)

Feel free to bring your own food, wine, nibbles, cds, ipod, dvds, games etc. Hot drinks and juices provided.

We advise at least 6 weeks advance booking for parties.



## Pampered Princess parties

Treat your little princess to their very own fantastic pamper party! Their friends wont stop talking about it!

Young ladies can choose any 3 of the following treatments each (each child must have the same combination of treatments):

- Nail art on fingers
- Glitzy makeover
- Glitter tattoos
- Nail art on toes (minx glitter on big toe!)
- Mini facial lessons (ideal for older girls)

**6 princesses - £140**

Approximately 2 hours (age 6-14)

## The Ultimate Pampered Princess parties

**The perfect party that every little girl wants!**

Young ladies can choose any 3 of the following treatments each (each child must have the same combination of treatments):

- Nail art on fingers
- Glitzy makeover
- Nail art on toes (minx / glitter on big toe!)
- Mini facial lessons (ideal for older girls)

**Also includes:** Personalised VIP party invites, glitter tattoos, a gift for every guest and a special gift for the birthday girl! Pampering foot spas and sparkly pink 'fizz'. Additional princesses £20 each. Feel free to bring your own ipod or cds, food, cakes, balloons, banners etc. Squash and juice provided.

**6 princesses - £200**

Approximately 3 hours (age 6-14)

Minimum 6, maximum 10 young ladies

# Treatment packages

## Half day pamper package - indulge yourself!

- Thermal stone back massage
- Essentials facial
- Pedicure (standard)
- Mini manicure
- Free Indian head massage
- Also includes light refreshments

**3 and half hours pampering £90**  
(saving £24.50 altogether)

## Full day pamper package - really indulge yourself!

- Full body thermal stone back massage
- Essentials facial
- Velvet skin treatment
- Deluxe manicure / GELeration fingers
- Pedicure (standard)
- Also includes lunch and bubbly

**6 hours of total relaxation £130**  
(saving £19.50 altogether)

## Enjoy your pampering lunch in our chillout garden.

## Holiday essential package

- Half leg wax
- Bikini wax
- Eyebrow wax and eyelash tint (patch test required)
- Mini pedicure and mini manicure (upgrade to GELeration for £5 each)

**2 hours £58**  
(saving £11)

**Gift vouchers available for any amount / treatment.**

Available in salon, online or order over the phone.



## Mum 2B TLC - the pregnancy package for yummy mummies!

- Truly bumptious full body pregnancy massage
- Mini facial
- Choose either mini manicure / mini pedicure

**2 hours £70**

## Post pregnancy package

For the most in need of a pamper - NEW MUMS!

This is the perfect gift - the gift of time out! Includes:

- Back, neck and shoulder massage
- Revitalising facial (including relaxing pressure point face and scalp massage)
- GELeration manicure

**£70**  
(saving £15)



# Loyalty scheme

We like to show our valued customers that we appreciate your business and say 'thank you' with a very generous loyalty points scheme.

Why not save up all your points and treat yourself to some pampering on the house! Please ask your therapist for more info on this and check out the bottom of your receipt each time you visit to keep track of your points building up!

the  
therapy  
lounge

 [facebook.com/therapyloungechesterfield](https://www.facebook.com/therapyloungechesterfield)

 @TherapyLounge

 @thetherapylounge

**Check-in on Facebook / leave us a review to be entered into a monthly prize draw to WIN FREE TREATMENTS!**

**T: 01246 554 240**

[www.the-therapylounge.co.uk](http://www.the-therapylounge.co.uk)

[info@the-therapylounge.co.uk](mailto:info@the-therapylounge.co.uk)

349-351 Hasland Road, Hasland, Chesterfield S41 0AQ

**Don't forget you can book online!**

## **Important salon policy:**

Please arrive in plenty of time for your appointment and if it is your first visit, allow extra time to complete your medical consultation form. If you do arrive late, we will do our best to accommodate you but we may have to reduce the length of your treatment to ensure other clients are not kept waiting for their scheduled appointment.

Please turn your mobile phone to silent whilst you are in the salon so that all clients can relax.

Please ensure you provide us with your full medical history when requested - this is for your safety. The salon will not be responsible should a problem arise due to important information being withheld.

No children under the age of 12 can be permitted into the treatment areas (except for pre-arranged exclusive use children's parties) this ensures your child's safety, yours and other client's precious relaxation time.

You will see throughout our treatment menu, we charge a premium for certain treatments being carried out by 'senior therapists' (or the salon owner). They have over 5 years' industry experience, high level skills and extensive knowledge in their field. Despite this, all of our staff are highly qualified to a minimum of NVQ level 3, are experienced and will offer you a fantastic service. Please state clearly if you require a senior or regular therapist at the time of booking.

Where you request a specific therapist we will always do our best to accommodate this but we cannot always guarantee your request due to unavoidable occurrences such as staff training, illness etc.

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## **Cancellation Policy:**

We require a 50% deposit for all treatments over £20 at the time of booking. This can be paid over the phone or in salon to secure your appointment.

Out of courtesy to other clients and our therapists, please give at least 24 hours notice for the changing or cancellation of an appointment. A 50% cancellation fee will be charged for cancellation of an appointment.

If you fail to attend your appointment or give less than 24 hours notice (exceptions apply) then your deposit becomes non-refundable.